



W O L D S D E N T A L S T U D I O

M A R K E T R A S E N

## BONDED FIBREGLASS RETAINER



**Q What is a bonded fibreglass retainer?**

**A** A bonded fibreglass retainer is a tooth coloured strip of material fixed to the inside of your bottom or top front teeth.

**Q How does the bonded retainer work?**

**A** The bonded fibreglass retainer works as a support to the teeth to prevent them moving out of line after the removal of a brace. The fibreglass adds strength to the composite filling material that is used. It makes it rigid enough to hold the teeth straight.

**Q What are the advantages of having a fibreglass retainer as opposed to a wire retainer?**

**A** The bonded fibreglass retainer is less obtrusive and visible than a bonded wire retainer. The bonded fibreglass retainer is tooth coloured.

**Q Will it hurt?**

**A** There should be no pain or discomfort.

**Q How do I clean my teeth & the retainer?**

**A** Extra care must be taken when cleaning your teeth and the fibreglass retainer.

**Q How long will the retainer need to be in place?**

**A** The bonded fibreglass retainer would best be regarded as permanent.

**Q Will there be any permanent damage?**

**A** The bonded fibreglass retainer will not cause any damage but poor dental hygiene around the retainer will. Poor cleaning and too many fizzy drinks can cause permanent decay marks.

**Q How often should I return for check-ups?**

**A** The bonded fibreglass retainer can be checked by your family dentist at your usual check ups.

**Q Is the treatment permanent, or will I need additional future treatment?**

**A** Everyday wear and tear will necessitate the repair or replacement of the fibreglass retainer at some future date. Your dentist at your regular check ups will discuss this with you.

**Q How successful will it be?**



- A As the bonded fibreglass retainer is both fixed and permanent it is more reliable than a removable retainer.