



# W O L D S D E N T A L S T U D I O

M A R K E T R A S E N

## Patient Aftercare Instructions Following

### Dermal Filler Treatment

1. Refrain from touching the treated area for 5-6 hours. After this time, when you wash the area, do so gently and pat it dry very softly with a soft towel.
2. Do not rub the treated area for 48 hours. Keep pets away from the face and avoid alcohol for 24 hours.
3. Do not expose the treated area to intense heat (e.g. solarium, sunbathing) or extreme cold until any swelling and redness have disappeared.
4. When applying make-up or moisturiser, use dabbing motions instead of rubbing or spreading for the first day.
5. If you have previously suffered from cold sores, the Dermal Filler treatment may cause a reoccurrence. If this happens, please contact your practitioner so that treatment can be provided.
6. If you are using aspirin or similar medications, these may increase the amount of bruising experienced.
7. Any procedures which could liberate bacteria into the bloodstream such as dental treatment or surgery, should be avoided for two weeks following treatment.
8. Finally, treatment with Dermal Fillers is temporary and to maintain the effects, repeat applications will be required.

**If you have any questions after your treatment**

**we can be contacted on (01673)-842-276**